THANK YOU FOR JOINING US!

Request you all...

Keep yourself muted at all times

• One person speaks at a time & others can mute themselves

Put your questions in the chat box

AGENDA

I. Setting routines & structures for children when they are home during these times.

I. Taking online classes formally and in all seriousness

I. Online safety of our children

ENCOURAGE CHILDREN TO HAVE A ROUTINE

- Set routines, Plan & structure their day
 - ➤ Getting up on time
 - > Getting ready on time for class
 - > Exercising
 - ➤ Eating on time

 Provide a formal atmosphere for learning E.g., Fixing a quiet corner to attend classes without any disturbance

ESSENTIAL TO DO DURING THE LOCKDOWN

• Limit use of social media with increased screen time

• Engage children more offline

Keep children safe online

NETIQUETTES - The Online Ethics

❖ Be Respectful ℰ Be Kind

❖ Follow class rules

❖ Behave in the chat box

Model appropriate & safe behaviours

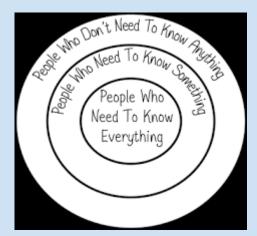
TAKE ACCOUNTABILITY - NOTHING IS PRIVATE

- **❖ Supervise** what your child is doing online
- **Remember** the 3 Cs
 - ➤ Child how much media is right for your child
 - ➤ Content is it appropriate
 - > Context what is being shared and with who
- **❖ ASK** children to reflect on the 3 Qs before they post anything online
 - > Is it kind?
 - ➤ Is it honest?
 - ➤ Is it necessary?
- **❖ Look out** for any signs of unusual behaviour

BUILD YOUR CHILD'S SAFETY NETWORK

Help identify safe/trusted adults who the child can reach out to

- **Remember** the 3 R's
 - ➤ RECOGNIZE Are you safe?
 - ➤ REACT What can you do?
 - ➤ REPORT Who can you tell?



Keeping Children Safe Online

- **NEVER SHARE** personal details, photographs, videos and any other sensitive information to strangers
- NOT TO SHARE even with TRUSTED FRIENDS if feel uncomfortable
- STOP CHATTING with strangers and immediately BLOCK them if inappropriate. Inform Trusted Adult
- DO NOT SHARE PASSWORDS
- Keep accounts **PRIVATE**
- NOT TO ACCEPT FRIEND REQUESTS FROM STRANGERS





THANK YOU!