

**THANK YOU FOR JOINING US!**

## **Request you all...**

- Keep yourself muted at all times
- One person speaks at a time & others can mute themselves
- Put your questions in the chat box

# AGENDA

- I. Setting routines & structures for children when they are home during these times.
- I. Taking online classes formally and in all seriousness
- I. Online safety of our children

# ENCOURAGE CHILDREN TO HAVE A ROUTINE

- Set routines, Plan & structure their day
  - Getting up on time
  - Getting ready on time for class
  - Exercising
  - Eating on time
- Provide a formal atmosphere for learning  
E.g., Fixing a quiet corner to attend classes without any disturbance

## ESSENTIAL TO DO DURING THE LOCKDOWN

- Limit use of social media with increased screen time
- Engage children more offline
- Keep children safe online

# NETIQUETTES - The Online Ethics

- ❖ Be Respectful & Be Kind
- ❖ Follow class rules
- ❖ Behave in the chat box

**Model appropriate & safe behaviours**

# TAKE ACCOUNTABILITY - NOTHING IS PRIVATE

- ❖ **Supervise** what your child is doing online
- ❖ **Remember** the 3 Cs
  - Child - how much media is right for your child
  - Content - is it appropriate
  - Context - what is being shared and with who
- ❖ **ASK** children to reflect on the 3 Qs before they post anything online
  - Is it kind?
  - Is it honest?
  - Is it necessary?
- ❖ **Look out** for any signs of unusual behaviour

# BUILD YOUR CHILD'S SAFETY NETWORK

- ❖ **Help identify** safe/trusted adults who the child can reach out to
- ❖ **Remember** the 3 R's
  - **RECOGNIZE** - Are you safe?
  - **REACT** - What can you do?
  - **REPORT** - Who can you tell?





# Keeping Children Safe Online

- **NEVER SHARE** personal details, photographs, videos and any other sensitive information to strangers
- **NOT TO SHARE** even with **TRUSTED FRIENDS** if feel uncomfortable
- **STOP CHATTING** with strangers and immediately **BLOCK** them if inappropriate. Inform Trusted Adult
- **DO NOT SHARE PASSWORDS**
- Keep accounts **PRIVATE**
- **NOT TO ACCEPT FRIEND REQUESTS FROM STRANGERS**

**Always Remember...**



**THANK YOU!**